

ADAP Advocacy Association PO Box 15275 Washington, DC 20003

adapadvocacy.org

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ADAP Advocacy Association Endorses U=U

Undetectable=Untransmittable campaign improves medication adherence, reduces community viral load, and combats HIV-related stigma

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WASHINGTON, D.C. – The ADAP Advocacy Association today announced that it has endorsed the Prevention Access Campaign's ("PAC") U=U campaign, which promotes the solid foundation of scientific evidence behind undetectable equals untransmittable. The campaign is based on science, and not stigma.

Founded in 2016 by PAC, the U=U campaign promotes the groundbreaking but still widely unknown fact that people living with HIV who are on treatment and have an undetectable viral load cannot transmit HIV to through sex. U=U has grown rapidly into a global movement of over 870 medical, research, governmental and community organizations from 98 countries.

"The *U=U* campaign is a groundbreaking game-changer in the public dialogue about the importance of timely access to care and treatment," said **Brandon M. Macsata**, CEO of the ADAP Advocacy Association. "We're pleased to lend our support to the Prevention Access Campaign and its international efforts to advance undetectable equals untransmittable."

According to the Centers for Disease Control and Prevention ("CDC") website: "Scientific advances have shown that antiretroviral therapy ("ART") preserves the health of people living with HIV. We also have strong evidence of the prevention effectiveness of ART. When ART results in viral suppression, defined as less than 200 copies/ml or undetectable levels, it prevents sexual HIV transmission. Across three different studies, including thousands of couples and many thousand acts of sex without a condom or pre-exposure prophylaxis (PrEP), no HIV transmissions to an HIV-negative partner were observed when the HIV-positive person was virally suppressed. This means that people who take ART daily as prescribed and achieve and maintain an undetectable viral load have effectively no risk of sexually transmitting the virus to an HIV-negative partner."

To learn more about the ADAP Advocacy Association or U=U, please email info@adapadvocacy.org.

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About the ADAP Advocacy Association: The ADAP Advocacy Association mission is to promote and enhance the AIDS Drug Assistance Programs (ADAPs) and improves access to care for persons living with HIV/AIDS.

ada+® works with advocates, community, health care, government, patients, pharmaceutical companies and other stakeholders to raise awareness, offer patient educational programs, and foster greater community collaboration.