

ADAP Advocacy Association PO Box 846 Nags Head, NC 27959

adapadvocacy.org

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## ADAP Advocacy Association to Host Virtual Patient Support Meetings

## Coping with Covid-19 through hope, trust & gratitude

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Media Contact: <a href="mailto:info@adapadvocacy.org">info@adapadvocacy.org</a>

WASHINGTON, D.C. – The ADAP Advocacy Association today announced it would host a series of virtual patient support meetings next month providing useful coping skills to assist people living with chronic health conditions – such as HIV/AIDS – during the ongoing novel Coronavirus pandemic ("Covid-19"). The virtual patient support meetings will address Covid-19-related anxiety, depression & stress. The meetings are free to <u>all</u> stakeholder groups.

"It's been over one year since we've been encouraged to self-isolate and wear protective gear; while lingering in the isolation, without knowing how much longer we need to expend emotional energy requires us to take emotional inventory of ourselves," summarized Joan McGovern, Spiritual Director, Office of Ignatian Spirituality, who will facilitate the meetings. "For people living with HIV it is even more important *not* to feel isolated. We need to acknowledge there is a greater collective spiritual resource drawing us into an embrace of hope, trust and gratitude."

The schedule for the virtual patient support meetings includes:

- GIFT OF HOPE: Thurs, April 1<sup>st</sup> at 4:30 p.m. (Eastern)
- GIFT OF TRUST: Thurs, April 15<sup>th</sup> at 6:30 p.m. (Eastern)
- GIFT OF GRATITUDE: Thurs, April 29th at 2:00 p.m. (Eastern)

The virtual patient support meetings are being held in partnership with the Community Access National Network (CANN) and HealthHIV. Learn more and register for the meetings online at <a href="https://tinyurl.com/kpy3yvkc">https://tinyurl.com/kpy3yvkc</a>.

To learn more about the ADAP Advocacy Association, AIDS Drug Assistance Programs, or Coronavirus' impact on people living with HIV/AIDS, please email <a href="mailto:info@adapadvocacy.org">info@adapadvocacy.org</a>.

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**About the ADAP Advocacy Association:** The ADAP Advocacy Association mission is to promote and enhance the AIDS Drug Assistance Programs (ADAPs) and improves access to care for persons living with HIV/AIDS.

aca+® works with advocates, community, health care, government, patients, pharmaceutical companies and other stakeholders to raise awareness, offer patient educational programs, and foster greater community collaboration.

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